

Wellness Con - 2019

International Conference on Wellness

November 8, 9 & 10, 2019

Chhatrapati Shahu Ji Maharaj University, Kanpur, India

Organizers



University Institute
of Health Sciences
CSJM University, Kanpur



PRAYATNA



Chairperson
Dr. A.S. Prasad

Senior Orthopedic Surgeon, Kanpur
President, Ekal Kanpur Region & Swasth Samaj Samiti, Kanpur



Chief Patron
Prof. Neelima Gupta
Vice Chancellor, CSJM University
Kanpur, India



Convener
Dr. Praveen Katiyar
Coordinator, University Institute of Health Sciences
Ex President, Indian Medical Association, Kanpur

Scientific Programme

In association with

Swasth
Samaj Samiti



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Scientific Programme

DAY 01, 08 November, 2019 | Venue: University Auditorium

Registration: 08:00 AM onwards
Breakfast: 08:00 am to 09:45 AM


Inauguration:
10:00 AM to 11:00 AM

Ses. No.	Time	Distinguished Speaker	Topic	Programme Director	Chairperson
01	11.00 AM to 11.45 AM	Prof. K.K. Talwar, Padma Bhushan Ex- Director & Head, Dept. of Cardiology, PGIMER, Chandigarh Chairman, Dept. of Cardiology Max Healthcare Institute, Saket New Delhi	 How to keep the heart healthy?	Dr. A.K. Trivedi Sr. Interventional Cardiologist, Regency Hospital, Kanpur	Prof. Vinay Krishna Director, LPS Institute of Cardiology, Kanpur Prof. Mohd. Ahmad Ex. Prof., LPS Institute of Cardiology, Kanpur
02	11.45 AM to 12.30 PM	Prof. Gundu H.R. Rao Emeritus Professor, Dept. of Laboratory Medicine and Pathology, University of Minnesota Minneapolis, USA	 Modern concept of health care : Universal, Affordable Integrated-Health Care, Fitness & Wellness	Dr. A.C. Agarwal Consultant Physician Diabetes & Internal Medicine, Ex. Consultant Medicine, CGHS, Kanpur Ex. President, IMA Kanpur & Kanpur Diabetes Association	Prof. S.P. Singh Ex. Head Dept. of Pharmacology GSVM Medical College Kanpur Dr. Atul Kapoor Managing Director Regency Health Care Pvt. Ltd., Kanpur
03	12.30 PM to 01.15 PM	Dr. Poornima Krishna Murthy Director & Chief Consultant Prajna Kuteera Ayurveda Centre Abhijina International Academy of Ayurveda and Yoga, Mysore Karnataka	 Preventive strategies for health & wellness- The Ayurvedic way	Dr. P.C. Chaudhary Associate Prof. State Ayurvedic College & Hospital, Lucknow Member, Education Committee (Ayurved) Central Council of Indian Medicine	Dr. Kamal Sachdeva Head, PG Dept. of Kaya Chikitsa, State Ayurvedic College & Hospital, Lucknow Dr. Sanjeev Saxena Asst. Prof., Dept. of Anatomy, Govt. Ayur. College, Prayagraj
04	01.15 PM to 02.00 PM	Prof. J.M. Hans, Padma Shri Chairman & Director Dr. Hans Centre for ENT & Cochlear Implant, New Delhi Founder Member of the Cochlear Implant Group of India.	 Mystery of Hearing and Deafness	Dr. Rohit Mehrotra Professor, Dept. of ENT GSVM Medical College Kanpur Dr. Monika Mehrotra Sr. Radiologist, Kanpur	Dr. Subhash Garg Sr. ENT Specialist Kanpur Dr. Pawan Kaul Sr. ENT Specialist Kanpur
02:00 PM to 03:00 PM LUNCH: University Auditorium Campus					
05	03.00 PM to 03.45 PM	Prof. Veena Tandon, Padma Shri NASI Senior Scientist Platinum Jubilee Fellow, Biotech Park, Lucknow, UP Formerly Professor of Zoology North Eastern Hill University Shillong, Meghalaya	 Emerging worm borne Zoonoses: health concerns & challenges in India	Dr. Vikas Mishra Consultant Microbiologist & infectious diseases specialist, National Level Trainer of Diagnosis of Viral Hepatitis Under National Viral Hepatitis Control prog., Asso. Prof., Micro. GSVM MC, Kanpur	Prof. G.C. Upadhyay Ex. Head, Dept. of Microbiology, GSVM Medical College, Kanpur Dr. Ashwani Uttam Neurologist, Kanpur
06	03.45 PM to 04.30 PM	Prof. Sanjay Gupta Founder Khushhaali Happiness Movement, Head, Stress Management & Wellness Centre BHU, Varanasi, Chairman, Positive Psychiatry Speciality Section Indian Psychiatry Society	 Towards the pursuit of happiness	Dr. Ravi Kumar Sr. Consultant Psychiatrist Ex. President, Indian Association of Psychiatrist Central Zone Ex.-Secretary, IMA, Kanpur	Dr. Dhananjay Chaudhary Head, Dept. of Psychiatry, GSVM Medical College Kanpur Dr. Rohan Kumar Psychiatrist, Kanpur
07	04.30 PM to 05:15 PM	Prof. Theeshan Bahorun Chair in Applied Biochemistry ANDI Centre of Excellence for Biomedical & Biomaterials Research, University of Mauritius Reduit, Mauritius	 Can functional foods and dietary factors alternatively contribute to the management of Diabetes & Cancer? Molecular & Clinical Insights	Dr. Saurabh Agarwal Associate Prof., Dept. of Medicine, GSVM Medical College, Kanpur	Prof. R.K. Katiyar Ex. Director, JK Cancer Institute, Kanpur Prof. Amod Kumar Dept. of Pharmacology KGMU, Lucknow

DAY 01, 08 November, 2019 | Venue: University Auditorium

Ses. No.	Time	Distinguished Speaker	Topic	Programme Director	Chairperson
08	05.15 PM to 06:00 PM	Mr. Kshitij Bhardwaj M.Tech, FICN Young Scientist (KGMU) Executive Secretary, Indian Society for Chronomedicine Secretary General, International Society for Medical Food and Nutrition Member, American Oil Chemist Society, USA	 Role of cooking oils in health and wellness	Dr. Shipra Mathur Sr. Nutritionist & Fitness Consultant, Perfect Point Kanpur	Prof. Madhu Kumar Emeritus Professor Dept. of Zoology University of Rajasthan Jaipur Prof. D.K. Gupta Emeritus Professor Bareilly College, Bareilly

DAY 01, 8 November, 2019 | Venue: Hall No. 01 (Conference Hall), University Institute of Health Sciences

Ses. No.	Time	Distinguished Speaker	Topic	Programme Director	Chairperson
01	03.00 PM to 03.45 PM	Prof. Shraddha Singh Dept. of Physiology, King George's Medical University UP, Lucknow UP	 An overview on Haemoglobinopathies : Thalassaemia	Dr. Alka Sharma Sr. Pathologist Ex. President, IMA Kanpur	Prof. Lubna Khan Dept. of Pathology GSVM MC, Kanpur Dr. Gaurav Mishra Sr. Pathologist, Kanpur Prof. B.N. Acharya Ex. Prof., Jahawar Lal Nehru Homoeopathic Medical College, Kanpur
02	03.45 PM to 04.30 PM	Dr. Neelu Jain Gupta Associate Professor, Department of Zoology, Head, Department of Hospital Administration, Chaudhary Charan Singh University, Meerut, UP	 Sleep, Shift work and circadian health	Dr. Rashmi Rastogi Dermatologist & Cosmetologist Fellow Aesthetic Medicine (Germany), Director Fortune Hospital, Kanpur	Prof. Richa Giri Head, Dept. of Medicine, GSVM Medical College, Kanpur Dr. D.P. Shivhare Asst. Prof., Dept. of Skin & VD, GSVM Medical College, Kanpur
03	04.30 PM to 05.15 PM	Prof. Jagbir Singh Kirti Department of Zoology & Environmental Sciences, Punjabi University, Patiala Punjab	 Impact of environment degradation and climate change on human health		

DAY 01, 8 November, 2019 | Scientific Paper Presentation

Time: 03:00 PM to 06:00 PM

Venue: Hall-02, 03 & 04, University Institute of Health Sciences, CSJM University, Kanpur

Programme Director: Dr. Shashi Alok, Jhansi

**Chairperson: Prof. Anjali Agarwal, Uttarakhand, Prof. Sandeep Malhotra, Prayagraj, Prof. B.N. Pandey, Bihar
Dr. R.C. Gupta, Mooradabad, Dr. Hari Shankar Singh, Lucknow, Dr. V.K. Gautam, New Delhi**

DAY 01, 8 November, 2019 | Poster Presentation

Time: 04:00 PM to 06:00 PM

Venue: Hall-A, University Institute of Health Sciences, CSJM University, Kanpur

Programme Director : Prof. Neelam Mishra, Lucknow

**Chairperson: Prof. Dileep Kumar Jha, Nepal , Dr. Awani Kumar Rai, Kanpur, Dr. Pooja Agarwal, Kanpur, Dr. Virendra Kushwaha, Kanpur
Dr. Dileep Gangwar, Kanpur, Prof. B.N. Acharya, Kanpur**

DAY 01, 8 PM Onwards- Musical Programme & Dinner at Lawn of University Institute of Health Sciences

Registration: 07:30 AM onwards

Breakfast: 07:30 AM to 08:30 AM

Ses. No.	Time	Distinguished Speaker	Topic	Programme Director	Chairperson
01	08.45 AM to 09.30 AM	Prof. Dileep Kumar Jha Prof., Dept. of Aquatic Resources, Director, Curriculum Development Centre, Agriculture & Forestry University, Rampur, Chitwan, Nepal	 Fish borne zoonotic diseases	Dr. Alka Sharma Sr. Pathologist Ex. President, IMA Kanpur	Prof. S.N. Singh Ex. Head, Dept. of Pathology, GSVMMC Kanpur Dr. M.P. Agarwal Sr. Pathologist Kanpur
02	09.30 AM to 10.15 AM	Prof. Said I Shalabhy Professor of Tropical Medicine Hepatology & Gastroenterology, NRC Vice President, Academy of Scientific Research & Technology Cairo, Egypt	 Achieving health and wellness	Dr. Chandru Nihalani Sr. Physician Ex. Finance Secretary IMA Kanpur	Dr. Vikas Singh Sengar Gastroenterologist, Kanpur Dr. Dinesh Singh Sachan Consultant KPM Hospital, Kanpur Finance Secretary IMA Kanpur
03	10.15 AM to 11.00 AM	Prof. Hari S. Sharma Dept. of Pathology, Institute of Cardiovascular Research, VUMC University Medical Centre Amsterdam The Netherlands	 Air pollution and perpetuated inflammation leading to the COPD: Identifying novel therapeutic targets	Prof. S.K. Katiyar Ex. Principal GSVM Medical College Kanpur	Dr. Anand Kumar Assoc. Prof. & Head Dept. of Respiratory Medicine, GSVM Medical College, Kanpur Dr. O.P. Rai Consultant, TB & Chest Kashiram Trauma Centre, Kanpur
04	11.00 AM to 11.45 AM	Prof. Ashok Kumar Vice Chancellor Shri Kallaji Vedic University Nimbahara, Chittorgarh, Rajasthan Ex. VC, CSJMU, Kanpur & DDU, Gorakhpur, UP	 Cancer Prevention	Dr. Pramod Kumar Singh Asst. Professor J.K. Cancer Institute Kanpur	Prof. S.N. Prasad J.K. Cancer, Kanpur Dr. Arun Prakash Dwivedi Onco Surgeon Dhanvantri Super Speciality Hospital Kanpur
05	11.45 AM to 12:30 PM	Mr. Himadri Sinha Wellness Consultant, Co-founder and Managing Partner Oranje Training, a leading-edge Learning Development Company headquartered in India with a global footprint. Baroda, Gujrat	 Time Management : The Ultimate Wellness Tool	Dr. Awadh Dubey Motivational Speaker Ex. President IMA Kanpur, KOS & Nursing Homes Association, Kanpur Founder of TYAG - The Young Achiever Group	Prof. R.C. Katiyar Ex. Pro-Vice Chancellor CSJM University Kanpur Prof. Madhukar Katiyar Ex. Prof., Dept. of Psychiatry, KGMU Lucknow
06	12:30 PM to 01:15 PM	Mr. Raman Nayyar Founder Director, KONNET-Quad Global Konnect Pvt. Ltd. Ludhiana, Punjab A first Generation Entrepreneur & business Strategist	 Wellness through wealth management	Mr. D.C. Shukla District Governor (2020-21) Rotary International	Rt. Anil Sharan Garg President, Rotary Club of Kanpur Mr. Gaurav Agarwal Jain Trainer, District Rotary Organization Rt. Gaurav Tiwari Secretary, Rotary Club of Kanpur
07	01.15 PM to 02.00 PM	Dr. Devendra Khandait Deputy Director & Country Lead State Health Systems, India Country office, Bill & Melinda Gates Foundation, New Delhi	 High impact public health interventions-Opportunities & Challenges in their scale up.	Prof. Kiran Pandey Prof. & Head Obs. & Gynae dept., GSVM Medical College, Kanpur Ex. President IMA Kanpur & KOGS	Prof. Meera Agnihotri Ex. Head, Obs. & Gyne. dept., GSVM Medical College, Kanpur Dr. Neelam Mishra Sr. Gynaecologist, Kanpur

02:00 PM to 03:00 PM LUNCH: University Auditorium Campus

DAY 02, 09 November, 2019 | Venue: University Auditorium

Ses. No.	Time	Distinguished Speaker	Topic	Programme Director	Chairperson
08	03.00 PM to 03.45 PM	Dr. Vikas Mahatme, Padma Shri Mahatme Eye Bank & Eye Hospital Chintaman Nagar, Somalwada Nagpur, Maharashtra Member of Parliament, Rajyasabha	 Why should I do community Service?	Dr. Archana Bhadauria Sr. Nephrologist, Kanpur Ex. President, IMA Kanpur President, KUNA	Prof. Gundu HR Rao Emeritus Professor Dept. of Laboratory Medicine & Pathology University of Minnesota Minneapolis, USA Prof. Said I. Shalabhy Professor of Tropical Medicine, Hepatology & Gastroenterology, NRC, Cairo, Egypt
09	03.45 PM to 04.30 PM	Prof. R.C. Gupta Principal, Lala Lajpat Rai Memorial Medical College, Meerut UP	 Human body reactions to environmental changes	Dr. Gaurav Dubey Sr. Ophthalmologist Hony. Secretary, IMA Kanpur, Ex.-Secretary KOS & Nursing Home Association, Kanpur	Prof. Parvej Khan Head, Dept. of Ophthalmology, GSVM Medical College, Kanpur Prof. R.N. Kushwaha Dept. of Ophthalmology GSVM Medical College Kanpur
10	4.30 PM to 05.15 PM	Prof. Rajan Saxena, Padma Shri Head, Department of Gastro Surgery Sanjay Gandhi Postgraduate Institute of Medical Sciences, Lucknow, UP	 Wellness after Illness	Dr. Peeyush Mishra Consultant Gastroenterologist & Therapeutic Endoscopist Abha Super Specialty Hospital & CN Gastro Care Centre, Kanpur, Director, Kingsway Health Care Pvt. Ltd., Kanpur	Prof. Santosh Kumar Ex. Director, Kailashpati Singhania Institute of Medicine GSVM MC, Kanpur Ex. President IMA Kanpur Dr. Abhinav S. Sengar Asst. Prof., Dept. of Surgery, GSVM Medical College, Kanpur
11	5.15 PM to 06.00 PM	Dr. Ravi Prakash Elhence Consultant Nephrologist Fellow Nephrology, Sheffield Kidney Institute, England, Ex Professor Era's Medical College Lucknow, UP	 Obesity & CKD: Life Style Modifications	Dr. Raghuvir Mathur Aesthetic Physician Obesity & Weight Management Specialist Chapter Chairman- AIAARO -All India Association for Advancing Research in Obesity, UP Chapter	Prof. V.N. Tripathi Ex. DGME, Govt. of UP Prof. Yashwant Kr. Rao Head, Dept. of Pediatrics, GSVM Medical College, Kanpur

DAY 02, 9 November, 2019 | Venue: Hall No. 01 (Conference Hall), University Institute of Health Sciences

Ses. No.	Time	Distinguished Speaker	Topic	Programme Director	Chairperson
01	11.40 AM to 12.00 PM	Prof. B.N. Pandey Department of Zoology, Magadh University, Bodh Gaya, Bihar	 Union of science and Adhyatm for human welfare and world peace.	Dr. Shashi Alok Editor in Chief IJPSR	Prof. Madhu Kumar Emeritus Professor Dept. of Zoology University of Rajasthan, Jaipur
02	12.00 PM to 12.20 PM	Prof. D.K. Gupta Emeritus Professor Bareilly College, Bareilly UP	 Water pollution, A threat to aquatic wellbeing & health		Prof. Tung Vir S. Arya Head, Dept. of Medicine, LLRM Medical College, Meerut, UP Dr. Neelu Jain Gupta Associate Professor, Department of Zoology, Head, Dept. of Hospital Administration, Chudhary Charan Singh University, Meerut
03	12.20 PM to 12.40 PM	Dr. R.C. Gupta Ex. Head, Dept. of Zoology, Hindu College, Moradabad U.P.	 Global warming: Threat to the life of the sphere		

DAY 02, 9 November, 2019 | Venue: Hall No. 01 (Conference Hall), University Institute of Health Sciences

Ses. No.	Time	Distinguished Speaker	Topic	Programme Director	Chairperson
04	12.40 PM to 01.00 PM	Prof. Dinesh Kumar Saxena Emeritus Professor Department of Botany Bareilly College, Bareilly, U.P. Visiting Faculty Masdar Institute of Technology Abu Dhabi, Michigan Technological University, USA	 Conceptual approach on monitoring of atmospheric metal by mosses: Methodology & Trend of Metal Pollution		
05	01.00 PM to 01.20 PM	Prof. Anjali Agarwal Professor (Biochemistry) & Officer Incharge, GB Pant University of Ag. & Tech., Ag. Res. Station, Majhera, Garampani Uttarakhand	 Role of Fragrances & Colours in feel good factor.	Dr. Swati Sachan Guest Faculty, University Institute of Health Sciences, CSJMU Kanpur	Prof. Nand Lal Dean, Faculty of Advance Studies in Life Sciences, CSJM University, Kanpur Dr. Tanu Midha Assoc. Professor Dept. of Community Medicine, GMC Kannauj
06	01.20 PM to 01.40 PM	Prof. Sunil Prakash Trivedi Professor, Dept. of Zoology University of Lucknow UP	 Role of molecular markers in assessment of genotoxicity in polluted aquatic habitats		
07	01.40 PM to 02.00PM	Prof. Sandeep Malhotra Dept. of Zoology, Allahabad University, Prayagraj UP	 The tyranny of parasitic invasion under transmission intricacies		

02:00 PM to 03:00 PM LUNCH: University Auditorium Campus

DAY 02, 9 November, 2019 | Venue: Hall No. 01 (Conference Hall), University Institute of Health Sciences

08	03.00 PM to 03.40 PM	Dr. Gaurav Raj Additional Professor, Dept. of Radio diagnosis, Dr. Ram Manohar Lohia Institute of Medical Sciences Lucknow, UP	 Role of screening programmes related to Radiology in Wellness	Dr. Akhilesh Sharma Ex. President Indian Radiological & Imaging Association UP Chapter	Dr. K.K. Pandey Sr. Radiologist Kanpur Dr. Sunil Bhatia Sr. Radiologist Kanpur
09	03.40 PM to 04.00 PM	Prof. U.C. Srivastava Dept. of Zoology, Allahabad University, Prayagraj UP	 Gandhian nutrition: Food for thought & thought for food	Prof. Neelam Misra Ex. Prof., College of Natural Sciences (CONAS) Crescent University Ogun State, Nigeria	Prof. Seema Nigam Head, Dept. of Community Medicine GSVM MC, Kanpur Prof. D.S. Martolia Head, Dept. of Community Medicine GMC, Kannauj Dr. Hari Shankar Singh Founder Head, Dept. of Education, BBA University, Lucknow
10	04.00 PM to 04.20 PM	Prof. Kuldeep Krishan Sharma Department of Zoology, University of Jammu, J&K	Water pollution and human health		
11	04.20 PM to 04.40 PM	Dr. V.K. Gautam Sr. Associate Prof., Dept. of Botany Deen Dayal Upadhyay College University of Delhi, New Delhi	 Medicinal Plants in India- Applications & Role of Biotechnology		

DAY 02, 8 PM Onwards- Cultural Programme & Dinner at Lawn of University Institute of Health Sciences

Ses. No.	Time	Distinguished Speaker	Topic	Programme Director	Chairperson
01	08.45 AM to 09.30 AM	Prof. Arti Lalchandani Senior Cardiologist Principal, GSVM Medical College Kanpur	 Yoga way of life-An effective tool to contain current Pandemic of NCDs in India	Dr. A.K. Trivedi Sr. Interventional Cardiologist, Regency Hospital, Kanpur	Dr. Umeshwar Pandey Assoc. Prof., LPS Institute of Cardiology Kanpur Dr. Awadhesh Sharma Asst. Professor, LPS Institute of Cardiology Kanpur
02	09.30 AM to 10.15 AM	Prof. Anoop Mishra, Padma Shri Chairman, Fortis-C-DOC Centre of Excellence for Diabetes, Metabolic Diseases and Endocrinology Chairman, National Diabetes, Obesity and Cholesterol Foundation (N-DOC) New Delhi	 Nutrient manipulation in obesity	Dr. A.C. Agarwal Consultant Physician Diabetes & Internal Medicine, Ex. President IMA Kanpur & Kanpur Diabetes Asso.	Prof. Yashwant Kr. Rao Head, Dept. of Pediatrics, GSVM MC Kanpur Dr. A.K. Srivastava Ex. President IMA UP State & Kanpur
03	10.15 AM to 11.00 AM	Prof. J.K. Maniar President, HIV Welfare Society Mumbai, Consultant in HIV Medicine Jaslok Hospital & Research Centre Saifee Hospital, Wockhardt Hospital & Bhatia Hospital, Mumbai Maharashtra	 Thirty years of HIV Epidemic in India - Gains & Losses	Dr. Rahul Mishra Consultant-Dermatology Venereology & AIDS Medicine Secretary General, HIV Welfare Society of India Ex. Hony. Secretary, IMA Kanpur	Dr. S.C. Agarwal Sr. Dermatologist Kanpur Dr. S.K. Gautam Assoc. Prof., Medicine GSVM Medical College, Kanpur
04	11.00 AM to 11.45 AM	Prof. M.L.B. Bhatt Vice Chancellor, King George's Medical University UP Lucknow, UP	 Healthy life style & yoga	Dr. Umesh Paliwal Sr. Pathologist Managing Director, Paliwal Diagnostics Pvt. Ltd. Kanpur	Dr. A.N. Saraswat Sr. Orthopaedic Surgeon, Kanpur Dr. Om Prakash Anand Yoga Guru, Kanpur
05	11.45 AM to 12.30 PM	Dr. Mohsin Wali, Padma Shri Former physician to the President of India, New Delhi. Sr. Consultant Dept. of Medicine, Sir Ganga Ram Hospital, New Delhi	 Wellness a holistic approach for tomorrow	Dr. Rita Mittal Consultant and Surgeon (Obst. & Gynae) Infertility Specialist & Laproscopist President, IMA Kanpur Ex. President, FOGSI Kanpur	Prof. CM Verma Ex. Head, Dept. of Cardiology, LPS Institute of Cardiology Kanpur Dr. Vipul Singh Sr. Psychiatrist, Kanpur
06	12.30 PM to 01.15 PM	Prof. Arvind Kumar Chairman, Centre for chest Surgery Sir Ganga Ram Hospital, New Delhi Founder, Lung Care Foundation President, Associations of Surgeons of India, Former Professor of Surgery & Head Thoracic & Robotic Unit, AIIMS, New Delhi	 Health Effects of Air Pollution	Dr. S.K. Misra Sr. Consultant, Laparoscopic Obesity & General Surgeon President-SAARC Surgical Care Society, Director-Social Welfare Council-ASI, Ex. President, The Assoc. of Surgeons of India & IMA Kanpur	Dr. Rajeev Kacker Sr. Pulmonologist Kanpur Dr. Sacchchidanand Tripathi Higher Administrative Grade Prof. & Head Dept. of Civil Engg. IIT, Kanpur
07	01.15 PM to 02.00 PM	Brig. Prof. R.K. Sharma Director & Head, Inst. of Reproductive Medicine IVF Centre Primus Super Speciality Hospital Chankyapuri, New Delhi	 Female wellness in India- Gynaecologist's perspective	Dr. Madhu Loomba Managing Director Madhuraj Hospital, Kanpur	Prof. IJK Soni Ex. Head, Dept. of Obs. & Gynae. GSVM MC, Kanpur Dr. Sangeeta Saraswat Sr. Gynaecologist, Knp.
02:00 PM to 03:00 PM LUNCH: University Auditorium Campus					
08	03.00 PM to 03.45 PM	Prof. Surya Kant Head, Dept. of Pulmonary Medicine, King George's Medical University, Lucknow UP	 End TB by 2025: Prime Minister's Vision our mission	Dr. Sandeep Katiyar Consultant Pulmonologist & Interventionist, Kanpur	Dr. J.S. Chauhan Sr. Pulmonologist Kanpur Dr. S.K. Awasthi Sr. Pulmonologist Kanpur
09	03.45 PM to 04.30 PM	Dr. Sanjeev Gulati Chairman, Nephrology Fortis group of Hospitals NCR, Secretary, North Zone Chapter of Indian Society of Nephrology, Ex. President Delhi Nephrology Society	 Tips for healthy kidneys	Dr. Archana Bhadauria Sr. Nephrologist, Kanpur Ex. President, IMA Kanpur President, KUNA	Dr. R.P.S. Bhadauria Sr. Urologist, Kanpur Dr. A.C. Agarwal Consultant Physician Diabetes & Internal Medicine, Kanpur

Ses. No.	Time	Distinguished Speaker	Topic	Programme Director	Chairperson
01	10.00 AM to 10.30 AM	Prof. Rakesh Kumar Dixit Dept. of Pharmacology & Therapeutics, KGMU Lucknow, UP	 Role of Diagnostics in Wellness	Dr. Ganesh Shankar Asst. Prof., Dept. of Psychiatry, GSVM Medical College, Kanpur	Dr. Neelima Vrema Assoc. Prof. Dept. of Pathology, GSVM MC, Kanpur
02	10.30 AM to 11.00 AM	Prof. S.K. Gupta Dean, Academics, Institute of Management Sciences (IMS), J&K Former Dean, Management Studies BGSB University, Rajouri, J&K	 How do I reduce the garbage I generate ?		Dr. J.R. Tyagi Assoc. Professor Transfusion Medicine GSVM MC, Kanpur
03	11.00 AM to 11.30 AM	Prof. Kadambari Gupta Former Head, Dept. of Zoology University of Jammu, J & K	 Climate changes and human wellness		
04	11.30 AM to 12:00 PM	Dr. Saranjeet Singh Fitness & Sports Medicine Specialist Sports Psychologist, NCHM(UK) Fitness Trainer, ISSA(USA)	 What is fitness?	Dr. A.K. Agarwal Orthroscopist & Sports Injury Specialist, Fellow Knee USA, Singapore, UK AO Fellow Switzerland Tubingen, Germany Director, Satya Hospital Kanpur	Dr. Lokendra Singh Sr. Orthopaedic Surgeon Kanpur, Director, Madhulok Hospital, Kanpur
05	12:00 PM to 12.30 PM	Dr. V.P. Gupta Chief Physiotherapist Head, Physiotherapy unit, CTVS Dept., Additional charge-CIMR AIIMS, New Delhi	 Cardiopulmonary physiotherapys & wellnes		Dr. Sanjay Kumar Assoc. Prof. & Head Dept. of Orthopaedics GSVM MC, Kanpur
06	12.30 PM to 01:00 PM	Dr. Suraj Kumar Associate Professor, Paramedical Vigyan Mahavidhyalaya Uttar Pradesh University of Medical Sciences, Etawah, UP	 Robot assisted wellness for stroke patients		Dr. Deepak Srivastava Orthopedic Surgeon Director, GTB Hospital Kanpur
07	01.00 PM to 02.00 PM	Dr. Makulika Hitkari Assoc. Professor & Head Dept. of Economics, DGPG College Kanpur	 Health Dimension: In context to life style management	Dr. Sandeep Kumar Singh Assoc. Prof. & Incharge Dept. of Social Work CSJM University, Kanpur	Prof. Rakesh Kr Dixit Professor Dept. of Pharmacology KGMU, Lucknow
		Dr. Praveen Katiyar Coordinator University Institute of Health Sciences, CSJMU, Kanpur	 How to achieve optimal health?		Dr. Santosh Burman Assoc. Prof. Dept. of Community Medicine, GMC, Banda
		Dr. Ajay Kumar Gupta Incharge, Institute of Pharmacy CSJMU, Kanpur	 Wellness through Phytopharmaceuticals		
		Dr. Shashwat Katiyar Director, Institute of Biosciences & Biotechnology CSJMU, Kanpur	 Role of Tannery effluent on physico-chemical characteristics of river Ganga		

04.30 PM Valedictory Function Venue: University Auditorium

05.30 PM Hi-Tea Venue: University Auditorium Campus

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